



Tail of the Tiger



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INNER PRACTICES FOR TEACHERS:

Deepening Presence and Interconnection in Your Classroom

A Joint Presentation of Tail of the Tiger and St. Michael's College, at Karmê Chöling, Barnet, VT, August 6 – 12, 2010

Jacqueline Kaufman is a Vermont English teacher whose innovative coursework for at-risk teenagers emphasizes the redemptive power of writing and sharing personal stories. She holds a Master's in Contemplative Education at Naropa University and is an Adjunct Professor at St. Michael's College Graduate Program in Education.



“ This was the most useful class I have ever taken, anywhere. I teach at a Masters of Education+ 30 credits level, so I've had quite a few!”

“ I very much liked the opportunity to talk to other educators about our inner lives as teachers and how to create classrooms that honor the inner lives of our students.”

The inner life of one who teaches is an essential area of inquiry for those in the teaching profession. In order to offer authentic presence and caring to our students, teachers must first consistently offer that to themselves. This 3-credit graduate class explores personal inner practices that bring a greater awareness of our inner lives and contribute to a pedagogy based on caring and compassion.

As one class participant noted: *I am more energetic, spontaneous, and happy in the classroom than I have ever been. Students are asking deeper thinking questions, and are much more caring towards each other. As a result, true, deep learning is happening. As evidence of that, grades are going up.* (Middle School Science Teacher)

This course combines aspects of western pedagogy with practices such as meditation, deep listening, and coming into greater presence through direct experience of our senses in a rural retreat setting. The educational practice of contemplative observation will be introduced and practiced.

Class Size: Limited to 10. **Credits:** 3 Credits, St. Michael's College Graduate Program in Education

Instructor: Jacqueline Kaufman, M. Ed, Naropa University; Adjunct Professor, St. Michael's College Graduate Program in Education

Program Fee: \$755 (includes three meals a day from Karmê Chöling's kitchen) (accommodations extra)

Registration: Call 802 633-2384 or email registration@taillofthetiger.org with your name, address, phone number, email address, name of the program, and choice of accommodations. You will be contacted for deposit information and confirmation of registration. For registration information, call Patton Hyman, 802/633-2384 ext. 153. For information about the course, call Jacqueline Kaufman, 802 370-5424.

Directions to Karmê Chöling: I-91, Exit 18 (Barnet/Peacham), proceed west about 1/4 mile and turn at second street on right (Patneau Lane). After crossing the bridge over the Stevens River, proceed to parking lot (no charge).

Call Tail of the Tiger Programs, at Karmê Chöling 802 633-2384 or visit http://www.taillofthetiger.org/teachers_810.php
For more information about Tail of the Tiger, visit: www.taillofthetiger.org