



# Tail of the Tiger



## The Stories We Tell: AN ESSENTIAL TOOL FOR TRANSFORMATION

Led by Laura Simms, February 5 – 7, 2010



Photo Credit Kent Miles

*LAURA SIMMS is one of the best known storytellers in the world today. Her work brings together meditation and the study of oral narrative. In addition to consulting with corporations, nongovernmental organizations and consumer businesses, she has taught storytelling as compassionate action worldwide for the past thirty five years. Presently she works with many humanitarian organizations including Search for Common Ground and Mercy Corps, Inc. A senior Shambhala teacher, she teaches Shambhala Arts and Buddhist studies. Her most recent book is Under the Currant Leaves: essays on storytelling and compassion. She is the mother of Ishmael Beah, author of A Long Way Gone.*

The narrative we construct about ourselves, each other and our world shapes our success or supports repeated obstacles. Knowing how to tell a “good” story and becoming aware of the power of presence in image, story and enlivened speech is essential today. Whether personally or in our business, teaching or healing, what story we tell and how we tell it makes a huge difference. Laura Simms, world renowned storyteller, author, teacher, and consultant will present a contemplative workshop, penetrating and alive with insight, that offers practical activities that deepen our understanding of the significance of story as a tool for transformation as we develop skills in storytelling.

We will combine deep listening, creative contemplation, story writing and storytelling as we uncover an expanded view of the role of storytelling. The tools of the storyteller are based in genuine reciprocal communication and inspiring the life force of our stories. In this workshop we explore a traditional teaching tale and create a personal story.

Program Tuition: \$275 includes 3 meals per day served by the Karme Choling kitchen; accommodations extra. The program begins after dinner on Friday, February 5 (please join us for dinner at 6:30) and ends on Sunday, February 7.

Call Tail of the Tiger Programs, at Karmê Chöling: 802-633-2384 or visit [www.tailofthetiger.org/story\\_o210.php](http://www.tailofthetiger.org/story_o210.php)

For more information about Tail of the Tiger, visit: [www.tailofthetiger.org](http://www.tailofthetiger.org)